

## CLINICAL AND COUNSELING PSYCHOLOGY

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**A study on suicidal thoughts among Afghan women: Is there a relationship between family conflict, domestic violence and suicide rate?**Sayed Jafar Ahmadi<sup>1</sup>, Bizhan Ayubi<sup>1</sup>, Mohammad Ali Fateh<sup>2</sup> and Zeinab Musavi<sup>3</sup><sup>1</sup>Kabul University, Afghanistan<sup>2</sup>Kateb University, Afghanistan<sup>3</sup>ALzahra University, Iran

Suicide and self-immolation are the most prevalent problem among Afghan women. Suicide and suicidal thoughts are related to several factors. This study is carried out to identify the relationship among suicidal thoughts, conflicts and domestic violence and some demographic variables. To carry out the study correlation, 384 women from five Kabul's clusters, the center, north, south, east and west were selected. Then husband and wife-conflicts, domestic violence and suicidal thoughts evaluation questionnaires were distributed to them and the collected data was analyzed by SPSS. Pearson coefficient and T-student resulted family factors to (decrease in couples' cooperation, sexual relationship decline, emotional reactions increase, family and relative's relationship decline, increase in gaining children's support, personal relationship increase and financial separation between couples and domestic violence scale too) have significant relationship with suicidal thoughts in Afghan women. In addition, suicidal thoughts rate in forced-marriages and family-type were observed by T-student resulting far significant suicidal thoughts in force-marriages and extended-families. Can say that usually, due to extended relationship, desires and demands, ideas and different values and forced-marriages in big families, violence rate is high and suicidal thoughts in women are too much.

**Biography**

Sayed Jafar Ahmadi has pursued his PhD from University of Isfahan School of Psychology. He is the Senior Technical Advisor of research foundation in Hunter College, University of New York (partnership of Kabul and Herat University). He has published more than 20 papers in reputed journals and has been serving as an Editorial Board Member of *Kateb Quarterly*.

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