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The resiliency of dyslexia

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Imagine living in a world where you're constantly being told that you're wrong, that you're too slow, that you'll never understand. It's a world where the rules of the game to win are rigged against your favor, but no one seems to notice that you've been set up for failure before the game even started. You know that you're just as capable as the other players of the game, but the rules always seem to favor them while you keep falling behind. This world is a reality for the more than one in ten people who cope with dyslexia every day, including our speaker. Our speaker grew up being faced with dyslexia, but she developed coping mechanisms to preserve her quality of life and continue to promote positivity and mindfulness in her daily life. But why should you care if you aren't one of the many people dealing with dyslexia in your daily life? Because many times, adversity can teach us much more than we'd know otherwise. And in the case of our speaker, the adversity of dyslexia taught her to adopt a "failure is not an option" mindset that we can all learn from and apply to our daily lives. It is this type of mindset that enabled some of the 21st century's most famous names, including Bill Gates, Steven Spielberg, and Richard Branson, to overcome their dyslexia to not only enable their quality of life but to form a better society that we all are impacted by today.

Biography

Iliana Titone is a business savvy Executive Assistant with multidisciplinary experience across several industries including Telecom, Luxury Development, Hospitality, Banking and Trucking. Her years of experience have shaped her into a creative problem solver with proven ability to resolve complex problems across cultural boundaries. Her years of diverse life experiences have also shaped her holistic approach towards health and wellness to help her guide her own life and the lives of those she coaches towards lasting balance, energy and happiness. She has a keen ability to connect with other souls on a genuine level and engage in meaningful and mindful conversations.

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