

JOINT EVENT

24<sup>th</sup> International Conference on **PSYCHIATRY & PSYCHOSOMATIC MEDICINE**  
&

2<sup>nd</sup> International Congress on **FORENSIC SCIENCE AND PSYCHOLOGY**

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## **Proven strategies for engagement, effective change and enduring risk reduction with offenders**

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Research indicates that at least 70% of offenders' reach criteria for personality disorder other than antisocial. The focus of forensic psychology is on assessment and reduction of risk. To fully assess and reduce the risk an offender poses, the underlying drives to offend must be understood and addressed. To do this an offender must be genuinely engaged however, it is notoriously difficult to fully engage and work therapeutically with offenders with a diagnosis of personality disorder. This workshop is presented by a consultant clinical and forensic psychologist with a long standing proven record of establishing and running a service for, and working therapeutically among men with severe personality disorder with outstanding results in risk reduction. This workshop will be co-facilitated by an expert by experience who has in-depth personal insights into both the processes needed for effective engagement and change. Based on schema therapy, a highly accessible intervention which is gaining an increasing evidence based for effectiveness with this client group, this interactive workshop will give useable strategies as to how successfully engage offenders and the interventions needed to bring about real change and risk reduction. Importantly it will also explore a significant block to treatment and a possible reason why so many offenders drop out of interventions. This is a unique opportunity to have dialogue with an ex-offender who has completed the UK offender with personality disorder pathway from high security to the community and having genuinely changed, is now able to articulate the process of that engagement and change what had previously stopped him and his peers from genuinely engaging with psychological services, along with a highly-experienced therapist who has written and delivered these programmes with outstanding results.

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