

JOINT EVENT

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Accession to Person and Mind without or with less pharmaceuticals approach under the load of trauma**Toshiko Sawaguchi**

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It is important how to access person and mind for medical and health care particularly under the load of trauma. Here three approaches were introduced in rather recent Japan. 1) Ego state therapy: Psychotherapy for multiple personality disorders. The ego state therapy was a treatment procedure for multiple personality disorders. The theoretical background and practical points of these methods were developed. As the beginning, the ego state therapy was developed as a hypnotherapy but it was evolved as a safety therapeutic method on combined with trauma processing therapies. As the clinical meaning of this treatment, it is seemed to be needed to provide a lid opening of mind and person. (Prof. Toshio Sugiyama) 2) To access medical specialists by health specialists in the regional health field, the possibility of voice approach has been tried to perform for Dissociative Identification Disorder (DID) patients as one of health assessment for medical access. The first step is if the plural personae in one DID patient could be discriminated plural personae. The different voice from different personae in one DID patient could be distinguished using basic frequency curve. In DID patients, the short transition time among plural personae could guide to the risky situation such as suicide. This discrimination of voice approach by each persona could be contributable as an Access Assessment for medical access. 3) Possibility of Open Dialogue Approach to Perpetrators of Abuse and the Psychological Troubles in Multidisciplinary Cooperation Open Dialogue Approach is sometimes effective to have objective prospect for oneself via the seeing of one object as more than one (polyopia) for perpetrators of abuse and these objective prospect could lead to going get better relationship. This might be the same in troubles in multidisciplinary cooperation. (Prof. Toshiko Sawaguchi).

Biography

Toshiko Sawaguchi, M.D., Ph.D., L.B.A Research Managing Director, National Institute of Public Health, Ministry of Health Labour & Welfare, Saitama, Japan since April 2017 (Life Health Promotion, Maternal & Child Health) Visiting Professor, Showa University School of Medicine, Tokyo, Japan Forensic and Paediatric Forensic Pathology and Clinical Forensic Medicine for more than 25 years, child health and paediatrics for 10 years.

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