

# Positive Psychology, Psychotherapy & Cognitive Behavioral Sciences

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## Positive reinforcement in classroom management and the use of creative arts as multimedia tools for teaching and learning

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Learning and Discovery is fun, using socialized learning is a starting point. Fostering a non-competitive environment focuses on positive reinforcement to affirm of abilities, mastery of existing and acquisition of new skills. An effective teaching and learning strategy is one that understands the learner and is able to translate these potential capacities into skills. Excellence and efficiency arises from utilizing the natural talents of the child. Learning takes place within the context of using positive reinforcement and using creative arts as multimedia tool for teaching; the use of different forms of visual arts, as drawing, painting and the use of different mediums as watercolor, acrylic, oil, pigments and alternative media. Exploring sculpture, clay modeling, and pottery clay, there are types of dances from classical to current day dance steps. The projective and personal touch of role-play and theatre arts supports and nurtures the developing child. It supports the social, cognitive and physical development of the child in fun way of learning. Creative arts are a transformative space that allows for flexibility and adaptability. Creating the space for the child to experience meaningful learning enhances proficiency and dexterity. The creative environment in which the child is exposed is critical to learning, positive reinforcement: Education is a catalyst for positive change and behavior modification. Using positive reinforcement is an effective means to achieve good behavior in children. The use of creative activities reinforces and affirms child's achievement of developmental skills. Positive reinforcement is an effective social learning experience. The creative approach to positive reinforcement enhances cognitive skills and improves social interaction and participation. Education is not a goal, but a process of finding fulfillment in what we are capable of doing and meaning in our ability to create. Creative art education is a venue for endless possibilities exploring, expressing and experiencing learning.

### Biography

Maria Lourdes de Vera is a Registered Nurse and a Psychologist, working on her Postgraduate studies in Medical Surgical Nursing at La Concordia, Paco, Manila. She has undertaken Postgraduate studies in Guidance and Counseling at Universidad de Santa Isabel. She was a former Clinical Instructor for Nursing and has a license to teach grade school to secondary School. She also worked as a Steiner Education Teacher, mentoring lower school children for five years. Currently, she is an award winning Author and is involved with public hospitals and oriented groups for children, doing creative artistic works with the child and the adolescent.

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