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Review on global strategy in healthy aging

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Introduction: The process of population aging is a universal process. According to the World Health Organization predicts by 2050 the elderly population will be almost double, Then to entering this stage of the demographic structure, the necessary preparations should be provided. Therefore this study aimed to review of the global strategies for healthy aging.

Materials and Methods: This study was conducted in five steps: by identifying research questions, searching the database with the right strategy, the selection of studies, data extraction, summarization and classification, delivering final results.

Results: Through literature review on databases from 2005 to 2017 in factors associated with healthy aging, these studies generally classified into four categories which includes economic, social and cultural complication physical, psychological and sexual complication elderly abuse providing global strategies for healthy aging.

Conclusion: According to the World Health Organization emphasis, it is needed that Elderly people have enable and high quality life, Therefore it is important that all countries in this regard should try to achieve this target in each country based on the culture.

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