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Co-existence of endocrine- auto-immune disorders with auto-immune-rheumatoid disorders; Description of the clinical features and auto-antibodies seen in a set of patients at a tertiary care super-specialty hospital seen over a period of ten years

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Auto-immune disorders like rheumatoid arthritis, systemic lupus and scleroderma, are often associated with and co-existent with type-I diabetes, auto-immune thyroid disease and other auto-immune diseases. The following is a retrospective clinical analysis done from case records (out-patient files, in-patient files) of all patients, who had at-least three distinctive auto-immune disorders seen over a ten year period at IAH, New Delhi. Details of clinical features and auto-antibodies found have been described. Discussion of the possible cytokine profiles and immune-pathology will be discussed.

Biography

Sundeep Upadhyaya is a Senior Consultant at New Delhi's Indraprastha Apollo Hospitals. He is involved with treatment of Auto-Immune disorders like Arthritides, Vasculitides, Lupus and Spondyloarthritis since 15 years. He is an Associate- Professor and teaching faculty at the teaching program at the AHERF and National Boards of the Apollo Group of Hospitals. He is involved with cutting edge clinical work on these disorders and has developed treatment Algorithms for Lupus Nephritis, Early and Established Rheumatoid Arthritis and has been on various national bodies and for a involved in management protocols for Auto-immune Disorders.

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