

11th World Congress on

CELL & TISSUE SCIENCE

May 09-10, 2018 Tokyo, Japan

Personalized nutrition therapy, in Hashimoto's thyroiditis and herpes zoster oticus, recalcitrant to conventional therapy

Seok Woo Yang

The J Company, Republic of Korea

Personalized nutrition therapy (PNT) has been developing in terms of functional medicine. Its efficacy has been controversial. In the scope of functional medicine, the diagnostic methods to analyze blood are generally based on two kinds of perspectives: (1) Biochemistry and (2) Blood chemistry and CBC with differential counts. Out of two methods, I devised the latter of my own with imbibing the result of my pulse pattern diagnosis. The pulse pattern diagnosis established by me can measure the metabolic, inflammatory and/or hemodynamic states of major organs, using the radial artery in the wrist of each person. For example, when hepatobiliary tract cells are metabolically activated and/or liver is hyper-perfused, my pulse pattern diagnosis indicates correlation with the increased value of uric acid in blood analysis. The effect of vitamin B5 on liver decreases the metabolic rate and blood flow into liver in terms of my pulse pattern diagnosis. It has been reported that vitamin B5 is important in breaking down the excess of uric acid in our body. Likewise, my blood analytic algorithm for PNT is created. I have four clinical records of two kinds of disease entities: (1) Herpesoticus with acute otitis media and (2) Thyroid Hashimoto's thyroiditis. In herpesoticus it was one case where a woman with acute otitis media with a history of recurrent chronic otitis media and its ear operation. She was recalcitrant to two antibiotics prescribed by antibiotic sensitivity test, performed in one university hospital. With this situation, she visited and I analyzed blood testing in terms of my personalized nutrition therapy. After taking in the prescribed PNT for 47 days, as the photo for ear tympanic membrane shown, the exudate of otitis media was remarkably vanished. In thyroid Hashimoto's thyroiditis there were three cases. The same method was applied to three cases of Hashimoto's thyroiditis. The results showed a decrease of TMTPO Ab titers ranging from 70.8 to 80.4%. In summary, PNT may be an alternative to the invincible infectious and autoimmune diseases recalcitrant to conventional therapy.

Biography

Seok Woo Yang has worked as a primary Physician and Clinical Director of the Yonsei MokGu Clinic, Republic of Korea. He has been studying the pulse pattern diagnosis (PPD) of the radial artery in the wrist in the clinical field. He has established a plausible but applicable concept of PPD in terms of diagnostic medicine, with this result of PPD, he has established the analytic algorithm of a blood test to prescribe personalized nutritional therapy in disease entities recalcitrant to conventional therapy.

soplab@outlook.kr

Notes: