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## Is the rate of preeclampsia affected by HIV/AIDS?: A retrospective case-control study

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**Objectives:** To evaluate the prevalence of HIV/AIDS (and CD4 levels) in women with preeclampsia in comparison to the control group without preeclampsia.

**Methods:** This was a retrospective case-control study conducted in South Africa. Data were collected from a tertiary and a regional hospital in the Province of KwaZulu Natal. The hospital records of women who delivered from 1st January 2008 to 30th June 2010 were reviewed. Cases of preeclampsia which metthe inclusion criteria were analyzed. Their HIV infection rate and profile were compared to that of a control group consisting of women without hypertension in pregnancy.

**Results:** Among 492 cases of preeclampsia, 130 (26.4%) were HIV positive. In the control group, 183/500 (36.6%) were HIV positive (p=0.001 OR=0.62 with 95% CI 0.47-0.82). After adjustment to match the difference in maternal age and parity, p=0.005 and OR=0.658.

Conclusion: The rate of HIV/AIDS was significantly lower in women with preeclampsia when compared to the control group without preeclampsia. HIV positive women 34.2% less likely to develop preeclampsia than HIV uninfected women. The study to be presented was conducted at the Nelson Mandela School of Medicine, University of KwaZulu Natal (UKZN), in South Africa.

## **Biography**

Born on 14 November 1970 in Lubumbashi (DR Congo). The primary and secondary educations were completed at Tuendelee and Enano schools repectively. In 1996, we obtained our Medical Degree from the Medical School of the University of Lubumbashi (UNILU). The Postgraduate training in Obstetrics & Gynaecology was done at Nelson Mandela School of Medicine, University of KwaZulu Natal in Durban, South Africa. I am currently working as a Gynaecologist at Mediclinic Gynaecological Hospital in Pretoria, South Africa. My areas of interest are: Endoscopic surgery and Preeclampsia.

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