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Challenges in managing heart failure with preserved ejection fraction (HFpEF)

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Heart failure is a major cause of morbidity and mortality. It is important to discriminate between HFrEF and HFpEF. An array of evidence-based medical and device therapies are available to improve outcomes and alleviate symptoms in HFrEF. Treatment for HFpEF remains under active study. The presentation will outline the difference between heart failure with reduced ejection fraction (HFrEF) and heart failure with preserved ejection fraction (HFpEF). It will then state the difference between the pathophysiology, etiology and clinical presentation of HFrEF and HFpEF. Finally, the presentation will identify an individualized treatment plan for a patient with HFpEF utilizing current evidence. A team-based, collaborative approach is essential when patients have comorbid conditions and multiple healthcare providers.

Biography

Samer Ellahham has served as Chief Quality Officer for SKMC since 2009. In his role, he had led the development of a quality and safety program that has been highly successful and visible and has been recognized internationally by a number of awards. As Chief Quality Officer and Global Healthcare Leader, he has a focus on ensuring that implementation of this best practices leads to breakthrough improvements in clinical quality and patient safety. He is a recognized leader in quality, safety, and the use of robust performance improvement in improving healthcare delivery. He serves on a number of US and international committees and advisory bodies. He is a Certified Professional in Healthcare Quality (CPHQ) by The National Association for Healthcare Quality (NAHQ) and certified in Medical Quality (CMQ) by The American Board of Medical Quality (ABMQ). He is the recipient of the Quality Leadership Award from the World Quality Congress & Awards and the Business Leadership Excellence Award from World Leadership Congress in 2015. He is one the nominees for Safe Care Magazine Person of the Year in the United States. He is the recipient of prestigious SKMC Infection Prevention Award in 2011 and 2012. He is recognized worldwide for excellence in infection prevention and control.

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