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Sudden cardiac death in the young

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This topic is referring to the amazing sudden death, from cardiovascular causes, of young people and how we can prevent this unhappy event. Is it possible to develop a protocol to better manage this situation? Can we control this phenomenon? How can we save many lives at young age? Starting from the mentality of the young people that say "I'm young and I'm healthy", I have written this book to be an alarm signal for young people in general and young athletes in particular, but also for the physicians who are required to have a very serious and responsible attitude in their medical daily practice. A young person is not necessarily healthy. Sometimes, a hidden cause of cardiovascular disease may become evident during high physical effort, like in sportive competitions, putting the young life in danger of cardiac arrest. This is the main reason why I have decided to write this book, after many observations of real life cases, and because I think, as physicians, we can make something very important for these young people to prevent the sudden death at young age. This book tries to cover all the cardiovascular causes of sudden death in the young and the original clinical cases from every chapter showed the real cause of the problem unexpected and unknown. We have to employ high efforts in our medical practice to decrease the mortality at young age.

Biography

Manuela Stoicescu is Consultant Internal Medicine Doctor and completed PhD in Internal Medicine. She is an Assistant Professor of University of Oradea, Faculty of Medicine and Pharmacy, Medical Disciplines Department, Romania. She was invited as a speaker at more than 30 International Conferences all most of them in USA but also in Canada, China, Japan, Thailand, Spain, Dubai and is Committing Organizing Member at the International Conferences. She is an Editorial Board Member in two ISSN reputed Journal in USA. She has published more than 20 articles in reputed ISSN Journals in USA and five books and one monograph: two books for students: "Clinical cases for students of the Faculty of Medicine", a book in USA-OMICS eBooks Group- "Tumor Markers in Hypertensive Young Patients", two chapter books – Cardiovascular disease: Causes, Risks, Management CVD1- Causes of Cardiovascular Disease 1.5,1.6, U.S.A on Amazon, two books at International Editor-LAP Lambert Academic Publishing in Germany - "Side Effects of Antiviral Hepatitis Treatment" and "Sudden Cardiac Death in the Young"- 2015 Dec. and one monograph: "High blood pressure in the young an ignored problem?"

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