

## Atrial remodeling in permanent atrial fibrillation: Mechanism and implications

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Atrial fibrillation (AF) is the most common arrhythmia in clinical practice. It can occur at any age, however, it becomes extremely common in the elderly, with a prevalence approaching more than 20% in patients older than 85 years. AF is associated with a wide range of cardiac and extra-cardiac complications and thereby contributes significantly to morbidity and mortality. Present therapeutic approaches to AF have major limitations, which have inspired substantial efforts to improve our understanding of the mechanisms underlying AF, with the premise that improved knowledge will lead to innovative and improved therapeutic approaches. Our understanding of AF pathophysiology has advanced significantly over the past 10 to 15 years through an increased awareness of the role of “atrial remodeling”. Any persistent change in atrial structure or function constitutes atrial remodeling. Both rapid ectopic firing and reentry can maintain AF. Atrial remodeling has the potential to increase the likelihood of ectopic or reentrant activity through a multitude of potential mechanisms. The present lecture reviews the main novel results on atrial tachycardia-induced electrical, structural and contractile remodeling focusing on the underlying pathophysiological and molecular basis of their occurrence. Special attention is paid to novel strategies and targets with therapeutic significance for atrial fibrillation.

### Biography

Norbert Jost has completed his Ph.D. in theoretical medical sciences at the age of 29 years from Faculty of Medicine, University of Szeged, Hungary, and postdoctoral studies from Carl Gustav Carus Faculty of Medicine, University of Technology Dresden, Germany. He supervises the In Vitro Cardiac Electrophysiology Laboratory, Division of Cardiovascular Pharmacology, Hungarian Academy of Sciences, a team that in the last one and half decades has published more than 40 papers in the field of cardiac, cellular, electrophysiology and pharmacology. In these publications, they described the properties of various transmembrane currents focusing particularly on the modulating effect of several newly developed antiarrhythmic drugs or investigational compounds.

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