

25<sup>th</sup> Annual Congress on

# Cardiology and Medical Interventions

July 16-17, 2018 | Atlanta, Georgia, USA



## Manuela Stoicescu

University of Oradea, Romania

### The hidden cardiovascular disease at a patient with pain in the left hypochondrium

**Objective:** The most important objective of this presentation is to found the real cause of a patient with came at the consultation with sudden pain in the left hypochondrium.

**Method:** Present the clinical case of a young patient 29 years old, which came at the consultation for sudden onset of pain in the left hypochondrium, chills and fever 40°C. At the objective examination BP=120/80 mmHg, HR=100 beats/minute, rhythmic heart sounds, normal intensity and a systolic murmur heart on the middle of chest, degree III, without irradiation. Auscultation of the lung was normal vesicular sound. At palpation of the abdomen presented sensibility in the left hypochondrium. The laboratory tests showed: ESR=60/80 mmHg, fibrinogen=600 mg/dl, leukocytes=16000/mm<sup>3</sup>, urine examination normal, the blood culture *Staphylococcus aureus* positive. The abdominal ultrasound put in evidence unexpected, many small nodules inside of the parenchyma of the spleen as small cysts and in rest normal. The echocardiography of the heart putted in evidence unexpected an atria septum defect medium and a vegetation of this level. The patient follows antibiotic therapy I.V. and was referred to the cardiovascular surgery department.

**Result:** This patient was in reality with a bacterial endocarditis on an unknown congenital heart disease-atria septum defect- and the small nodules inside of the spleen were micro emboli septic in context of bacterial endocarditis.

**Conclusion:** This case is interesting because the real cause of the patient with pain in left hypochondrium represented in fact micro emboli in the spleen in context of endocarditis at a patient with an unknown congenital heart disease.

### Biography

Manuela Stoicescu, Consultant Internal Medicine, Doctor (PhD in Internal Medicine), is Assistant Professor of Medical Disciplines Department, University of Oradea, Faculty of Medicine and Pharmacy, Romania, Internal Medicine Hospital and Office. She is Member of Romanian Society of Internal Medicine, Member of Romanian Society of Cardiology, Chemistry, Biochemistry and Member of Balcanic Society of Medicine. She was invited as a speaker at 24 International Conferences. She is editorial board member of three ISSN prestigious Journals in USA and has published 12 articles in prestigious ISSN Journals in USA. She published four books: two books for students in English and Romanian language: "Clinical cases for students of the Faculty of Medicine", one book in English language on Amazon at International Editor – Lambert Publishing Academic House in Germany- "Side Effects of Antiviral Hepatitis Treatment", one monograph in Romanian language "High blood pressure in the young a ignored problem!" two chapter books – Cardiovascular disease: Causes, Risks, Management CVD1- Causes of Cardiovascular Disease 1.5,1.6, U.S.A on Amazon.

[manuela\\_stoicescu@yahoo.com](mailto:manuela_stoicescu@yahoo.com)

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