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The reset button

There is no denying that over the last two decades, the global landscape and mindscape have changed enormously. The process continues at an ever-increasing pace. A powerful transience exists in every walk of life and this has profound implications. Perceptions succeed each other with inconceivable rapidity. Two and half millennia ago (around 500 B.C.), the Greek philosopher, Heraclitus, introduced the term “Perpetual Flux” and wrote “You can never step into the same river twice”. He could not have been more prophetic! The healthcare system in general and the field of Cardiac Sciences in particular are living testimony to this. The plethora of technological advances and heightened patient awareness and expectations has largely contributed to this change. Cardiothoracic and Vascular surgeons are currently in a position that requires them to adapt to an increasingly Darwinian existence. A transformative and collaborative patient-centric approach is irrefutably the need of the hour. It is a clarion call to cardiothoracic and vascular surgeons worldwide to leave the past where it belongs and press the RESET BUTTON in their professional life now. Instead of a dystopian “Perform or Perish” policy, I recommend a “Reform and Relish” credo to regain a utopian professional system.

Biography

Rekha Matta has independently performed more than ten thousand cardiovascular and thoracic surgeries (adult & pediatric). She is currently working as a professor and HOD of Department of Cardiovascular and thoracic surgery at Krishna Institute of Medical sciences deemed university at karad, India.

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