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Knowledge, perception about cardiovascular risk factors among college students of Bangladesh**Adiba Tarannum**

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Cardiovascular diseases are the most common causes of premature morbidity and mortality worldwide. Cardiovascular disease burden is increasing in developing country like Bangladesh which is creating adverse effect to whole health system. A cross-sectional, descriptive study among the higher secondary students of Bangladesh was performed using convenience sampling to assess the student's knowledge and perception of cardiovascular risk factors and prevention. Students had a good knowledge about cardiovascular risk factors but did not perceive themselves at risk for cardiovascular disease. More than 60% students have one or more risk behavior related to cardiovascular diseases. The knowledge about cardiovascular diseases risk factors and prevention among the participants is high, but it has little role on practicing health life.

Biography

Adiba Tarannum has completed her MBBS from Dhaka University and currently pursuing her career in clinical nutrition. She also has a great interest in public health context of clinical nutrition. She is trying to establish a field of clinical nutrition in Bangladesh which has become a major issue in developing countries. She is doing several researches regarding nutritional issues of cardiovascular disease and obesity.

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