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The relationship between emotional intelligence and job satisfaction in nurses of the care unit of the cardiology heart care center of Rasht in 1395

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Introduction: Heart-intensive care units are due to their special nature in stressful environments. Nurses play a vital role in providing care and treatment services at special centers and therefore their job satisfaction is very important. Many factors, including individual factors such as emotional intelligence can affect job satisfaction. Therefore, measuring this connection is necessary.

Objectives: This is a descriptive-correlational study in order to determine the relationship between emotional intelligence and job satisfaction of nurses in CCU and ICU of open heart surgery.

Materials & Methods: The research environment was Heshmat Hospital of Rasht, the CCU and ICU of the open heart surgery. Samples were all of these two units (N=99). To collect data were used from the demographic, Dunte's job satisfaction, emotional intelligence of Shining questionnaires. The results of this study were analyzed by descriptive statistics, Spearman, Chi-square Tests was done in SPSS version 16.

Results: The results showed that the mean and standard deviation of emotional intelligence was 85.84 ± 28.12 , and job satisfaction was 198.88 ± 30.79 . Due to the lack of normal distribution of data, Spearman is used to indicate that there is a negative relationship between emotional intelligence and job satisfaction ($r = -0.4$ $P = 0.000$), which means that with increasing emotional intelligence, job satisfaction decreases.

Conclusion: According to the results, it seems that increasing the level of emotional intelligence of nurses decreases the level of their job satisfaction. Therefore, attention should be paid to organizational solutions that can be applied to their job satisfaction.

Biography

Khaleghdoost Mohammadi T has completed her MS from Shahid Beheshti University of Medical Sciences at Tehran. She is Nursing Instructor, faculty member and Social Determinants of Health Research Center (SDHRC). She has published more than 20 papers in reputed journals.

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