

36TH CARDIOVASCULAR NURSING & NURSE PRACTITIONERS MEETING

July 10-11, 2017 Chicago, USA

Enhance patients' education in coronary care unit (CCU): Using patient education record

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Background: Patients with heart diseases become a burden on the health care system especially in the era during which the population is aging and has much comorbidity. Health professional organizations and political leaders have identified Patient Education (PE) as a fundamental solution to address this situation. Patient education reported to enhance patient self-care management skills and decrease health care costs. The Coronary Care Unit (CCU) Nurses in my practicum do not have a systematic approach to the provision and documentation of PE. This resulted in lack of consistency and continuity of implementation of PE.

Aim: The purpose of this presentation is to identify if using PE tool will enhance provision of PE by CCU nurses.

Method: Roger's theory 'diffusion of innovation' (2003) was used as a framework to guide this presentation. Rogers's theory has five phases: Awareness, interest, evaluation, trial, and adoption. Literature reviews were conducted to identify the factors that influence the PE process and suggested strategies to enhance the provision of effective PE process.

Findings: Creating a PE record tool identified as an important strategy to enhance systematic PE process, and to ensure the continuity and consistency of the PE process.

Conclusion: PE is an important factor to improve the patient health outcomes. Creating PE record identified as an important strategy to enhance the PE process.

Biography

Haitham Kan'an granted his MN degree in 2015 from School of Nursing- Ryerson University, Canada. In 1996, he received a Bachelor's degree in Nursing from Jordan University. He has more than 20 years of clinical experience, mainly in cardiology speciality. He assumed many nursing roles during his nursing career such as Charge Nurse, Manager's Assistant, and Clinical Educator for cardiology nurses. He used his expertise in Cardiology and appraisal skills in reviewing and synthesising the literature to identify the determinants that enhance the provision of education to Coronary Care Unit (CCU) patients by CCU nurses.

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