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Antiphospholipid antibody syndrome and obstetric anesthesia

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Antiphospholipid antibody syndrome (APS) or Huges' syndrome is an autoimmune thrombotic disorder characterised by hypercoagulability, leading to venous and or arterial thromboembolism. It usually presents in women of reproductive age with recurrent abortions or infertility. It can produce thromboembolic events in any organ system and cause utero-placental insufficiency in a pregnant women. There are several anesthetic challenges in an obstetric patient with APS, more so for operative delivery in an emergency setting. We hereby present a case of successful management of emergency section in a patient with known APS, with no maternal or fetal complications.

Biography

Uma Hariharan is a MBBS graduate from the prestigious Armed Forces Medical College, Pune, where she won several accolades: Best symposium presentation award; College Blues award for all-round performance; Indian academy of Pediatrics Quiz award; Ladies house captain; and First in Preventive & Social Medicine. She attained her Post-graduate degree in Anesthesiology from the prestigious Sir Ganga Ram Hospital & GRIPMER, New Delhi, India. She won the best DNB student (Diplimate of National Board) award in 2006. She won both the best paper and best poster presentation in national conferences during residency. Now, she is a teaching faculty in Anesthesiology at Dr. RML Hospital & PGIMER, New Delhi. She has more than 70 article publications and several book chapters to her credit. She is in the reviewer board of all national anesthesiology journals. She is also an editor of great repute in several international journals of anesthesia, medicine and cancer. She has done fellowship in Oncoanesthesia from Rajiv Gandhi Cancer Institute and Research Centre, Rohini, Delhi. In addition, she has a Post-graduate diploma in Hospital administration (PGDHM), New Delhi. She also obtained proficiency in ultrasound-guided nerve blocks through a fellowship in advanced regional anesthesia from Ganga hospital, Coimbatore. She also has won several prizes in classical music and dance competitions.

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