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Identification of gaps and stakeholder's recommendations in terms of person centered nutrition care: Based on findings in the UK

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Prevalence of chronic health conditions such as diabetes and cardiovascular diseases has not been decreased but rather increased in UK, one of most developed countries in which huge amount of effort have been implemented by government and health care professionals. The statistic possibly indicates that ordinary nutritional instruction such as 'eat less, move more' has not worked appropriately, therefore, we may need to turn our perspective toward newly emerging care paradigm such as person centered care in order to provision of quality nutrition care. The person centered care has emerged alongside four themes such as 'care with dignity, compassion, respect' 'coordinated care' 'personalized care' and 'enable care'. The objective of this review was firstly to elicit gaps alongside those four themes of person centered care from scientific surveys that had conducted inside the UK. Secondly, in order to respond questions such as how to resolve the gaps as well as to clarify health care professional's roles and responsibilities, recommendations from government and non-government stakeholders were reviewed; as a results of the finding, a few elements including liaison, training and education and awareness should be undertaken by all health care professionals. Doctors should perform specific activities such as detection and solving nutritional problem, whilst nurses should aware their legal limits and consult when required. Dietitians should develop nutritional training packages as well as provide talks and lectures for all health care professionals.

Biography

Seolhyang Baek has completed her PhD from Pusan National University and worked twice as a Research Fellow at The University of Birmingham School of Psychology Medicine in 2003 as well as MRC-HNR NNedPro, Cambridge in UK in 2015. She is the Director of the office of international affairs at Dongguk University, as well as a Nursing Professor at School of Medicine. She has published more than 30 papers in reputed journals and has been serving as Member of the committee of behavioral modification the Korean Society of Study of Obesity in South Korea.

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