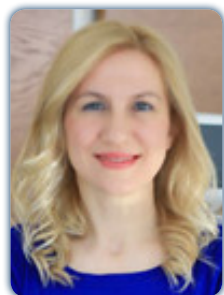


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Algorithm of periorbital area rejuvenation

Introduction: Periorbital area is the most frequently-consulted and watched out area in bilateral relations, so it has gained much more importance in recent years. It is possible to look healthier and younger with lots of practice applied around eye. With this reason, more and more patients apply to clinics to look better every day. We would like to discuss the treatments which provide patients to become better, younger and healthier.

Purpose: This study is with the purpose of representing the algorithm of periorbital area rejuvenation.

Discussion: The most important step is a successful pre-treatment procedure. Firstly, patient's problems should be understood carefully. Since the problem which we see and the patient's disease need not be the same. In this case, no matter how the treatment is successfully done, we cannot satisfy our patient. Sometimes patients have unusual expectations. When these kinds of patients come across, the treatment should not be done immediately. After examining the patient in detail, the treatment should be told clearly and repeated again and again. While the treatment is thought as surgical and medical, it can be also combined. It should be decided according to the request of patient and its satisfying outcome. In the patient who complains about upper droopy eyelid, contexts of the eyelid and whether they include additional pathology or not should be examined. Eyelid, eyebrow and eyelash ptosis should be evaluated. Whether excised area includes fat package or not without skin and orbicularis should be reviewed. In the patient with the request of low eyelid blepharoplasty, the trace of entropion should be looked. With the snap back test, the laxity of low eyelid should be examined. In this part, the existence of scleral show helps us. Additionally, cheek looseness and laxity in the malar pad should be evaluated. In the patient, medical treatment can be thought but not surgical or in addition to that surgery and medical treatment can be planned. In this part, the treatments that help us are Botox in eyebrow lid and goose foot area and fillers in hollows under eye and under eye bags. In the widespread discoloration treatments, serum therapy or mesotherapy, and PRP applications can be planned with the aim of skin hydration.

Biography

Seyda Atabay has completed her education from Ege University of Medicine in the year 2002. From 2002-2008, she completed her Ophthalmology studies and has been working as an Eye Disease and Surgery Specialist at the Izmir Ataturk Education and Research Hospital. She has experience in eye cataract surgery, excimer laser and eyelid defects, and blepharoplasty. She has many published papers and has also attended many conferences and symposiums. She is a member of Turkish Ophthalmology Association, American Academy of Ophthalmology, The European Academy of Facial Plastic Surgery and Izmir Medical Chamber and Facial Plastic Surgery Association.

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