

10th International Conference on

Clinical & Experimental Ophthalmology

November 21-23, 2016 Dubai, UAE

Photophobia: What, where & how?

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Reduced tolerance to light stimuli, a frequent symptom in ophthalmology and other specialties, has different causes. The commonest and more severe are anterior ocular segment conditions, but other ocular and extra-ocular ophthalmic conditions can be behind the symptom. Furthermore various neurological and psychiatric conditions are known to be associated with photophobia. More interesting is the different mechanisms behind this symptom. Unclear mechanism in many conditions is getting slowly clearer while more clear mechanisms can be more easily understood in other conditions. Treatment is essentially treating the underlying cause as well as avoiding the direct trigger of the symptom. Other treatments are only applicable in certain conditions or still experimental.

Biography

Najeeb Ghalib Haykal is trained in Cairo University and UK hospitals and is currently working as a Consultant Ophthalmic Surgeon at Gwynedd Hospital, North Wales and had previously been a Consultant Ophthalmologist in UK and overseas hospitals. He was also an Assistant Professor in Ophthalmology at the Jordan University of Science & Technology and a Coordinator and Member of the Assessment Committee, International Council of Ophthalmology, UK.

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