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Selection and counseling of patients for Lasik

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The most important aspect in the success of Lasik surgery is the proper selection of cases. It is important to understand that Lasik being a cosmetic procedure, the pre-operative evaluation of the Lasik patient in terms of history taking, detailed anterior segment evaluation including dry eye work up, correct selection on the basis of topography and aberrometry is very significant in deciding the selection of procedure and outcomes of the Lasik. The role of pupil size diameter, occupation and visual demand of the patient also plays a significant role in the outcomes of Lasik. After the entire evaluation is completed, the most important thing is giving proper counseling to the patients for e.g., denying Lasik with large pupil size in people who work in radiology and other professions of dim light is essential. Discussion of the detailed realistic outcomes of the Lasik patients in relation to the day to day activities in counseling has better satisfaction rate post Lasik. In this presentation, I would like to share my compilation of significant points to be covered in the counseling and evaluation of the patients.

Biography

Sheena Balakrishnan has completed her Diploma in Ophthalmology from Madras Medical College and Diplomate of National Board from The Eye Research Foundation, Chennai. She then completed her Fellowship from the International Council of Ophthalmology. She has undergone Medical Retina training and training in Anterior Segment Surgeries mainly focusing Cataract Surgeries and Refractive Surgeries. She has worked with the World Diabetic Foundation in screening and managing diabetic retinopathy patients over 2 years. She has performed retinal laser photocoagulation, intravitreal injections, photodynamic therapy and managed retinal diseases. She is vastly experienced in performing cataract surgeries including small incision cataract surgeries and phacoemulsification surgeries. She has performed more than 3500 LASIK, LASEK, PRK, Wave front guided treatment. She has published and presented various papers at national and international conferences. She was invited faculty for Medical management of age related macular degeneration in APAO Conference in Bali in 2009. She is one of the few Surgeons in India who is experienced in large volumes Implantable Collamer Lens (ICL) technique.

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