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## Particularity in working with optometry patients from post – USSR countries and especially in Ukraine

Shekhovtsov Maksym  
PLUS OPTICA, Ukraine

**Background:** Nowadays people from post-USSR countries have opportunity to migrate to the Europe or people from European country can visit Ukraine, Russia or Belarus in purpose to obtain chip medical service (medical tourism). Thereby, it is essential to understand specificity in medical approaches in these very countries. Contrary, it is crucial to reveal main problems in optometry service in these countries for organization correct optometry support for citizens.

**Methods:** During 4 years statistic data was collected. Prescriptions, cards and recommendations were analysed.

**Results:** Four main problems were disclosed: Absent of optometry guidelines have led to condition in which quality of optometry could not be evaluate. Because of several optometry schools, there are many prescriptions for myops with under correction from 0.50 to 3.00 dioptries. In last three years its number decreased almost on 60%. There are several regions where, mineral lenses are supposed the best material for spectacles, especially for children. In last 4 years, number of these recommendations drastically decreased. For the last two years there is a strong influence of pharmaceutical approach. Phenylephrine is applied for treatment myops (even with normal accommodative and vergence functions), people with accommodation disorders, especially for pseudo myopia. In last 6 months approximately 70% recommendation were registered for myops who had this diagnose first time.

**Conclusion:** For European optometrists it is significant to be aware of specificity in approach to management of optometry pathology in different regions of Europe and Asia. For post-USSR countries it is crucial to create appropriate conditions for optometry development.

### Biography

Shekhovtsov Maksym is an Ophthalmologist, Paediatric Ophthalmologist, independent medical consultant Veko-Ukraine, ophthalmovideoblogger. He is member of working group for arranging optometry service in Ukraine. He performs optometry lectures and workshops for ophthalmologists, developed and perform special distant education course for personnel of optics. He devoted himself to popularization and development optometry in Ukraine.

dr.shekhovtsov.m@gmail.com

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