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Orbital teratoma: A rare congenital tumor

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Orbital teratomas are congenital, unilateral germ cell tumors, which are present at birth with moderate to massive proptosis. The rare tumor has to be managed individually and is at times difficult. A female child in her 2nd day of life was brought to our department with complain of forward bulging of her left eye noticed since the time of her birth. Examination and investigations revealed a mass with scattered foci of calcification. The mass was causing expansion of left orbit with thinning and scalloping of bony boundaries of left orbit with no intracranial component. Enucleation with complete removal of the tumor was done and the sample subjected to histopathological examination concluded the diagnosis of orbital teratoma. The rare tumor presents a challenge in management. The aim of management depends upon the extent of tumor, preservation of vision whenever possible, promotion of normal orbital growth and cosmesis.

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