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Pediatric contact lens fittings; little eyes big challenges

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Contact lenses have a variety of applications in the management of corneal pathology, amblyopia and refractive error for the pediatric population. A vast range of contact lenses are available but choosing the correct lens for complex pediatric fittings poses significant challenges. The techniques for fitting these complex cases will be discussed as well as methodologies for the clinician to recognize the applications where lenses would be a more beneficial treatment option. Visual improvement may be achieved with contact lenses, but it is not the only role that such devices play.

Biography

Angela Malik is an Optometrist who graduated in 1991 from the University of Waterloo, Canada. Her expertise lies in the field of Pediatric Contact Lenses and Low Vision. She has years of clinical and teaching experience, both in private practice and in hospital settings. She has set up the pediatric contact lens optometry service in two leading hospitals in the Middle East. She currently practices at Sidra Medical and Research Center, Doha.

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