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Lower blepharoplasty with muscle suspension

Afschin Ghofrani
Aestheticon, UAE

Introduction: The lower Blepharoplasty aims to rejuvenate the periorbital and mid face area. In order to achieve superior results one needs to understand and address the dysbalance between muscle, fat and skin. We have modified the known operation methods to significantly improve the postoperative outcome.

Methods: The lower Blepharoplasty can lead to some complications like scleral show or even worse ectropion, which are very difficult to correct. A solution must be provided to tighten the skin and underlying tissue sufficiently and at the same time shift to the downward traction force away from the lid. We utilize a very stable and reliable muscle suspension technique, which not only rejuvenates and lifts the lower lid area, but also the mid face and at the same time enables to remove a remarkable portion of excess skin. Parts of the orbicularis muscle are detached from the skin flap from medially to laterally and reattached to the periostum of the lateral orbita, cranially to the lateral epicanthus. Once a secured tightening of the lower eyelid tissue is accomplished, the remaining skin excess can be removed safely and efficiently.

Results/ Discussion: We over look more than 1000 lower blepharoplasties with this modified technique. It has proven its efficacy and safety. With this approach a remarkable amount of excess skin can be safely removed. The percentage of scleral show has been less than 2% and of ectropion less than 0.1%. The muscle suspension enables to correct existing scleral shows or ectropions as well.

dr_afschin@aestheticon.ae

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