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Brachial lifting using the Balanced Triple-Vector (BTV) technique with dual opposing flaps

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Background: Brachioplasty often involves removing excess skin. Many traditional approaches to this form of surgery are prone to complications and imperfect healing of the incisions. Traditional techniques usually take little or no account of the force vectors that are subsequently applied to the incision after the operation. This contributes towards scarring and other complications.

Method: The proposed technique involves the explicit application of three balanced force vectors that greatly reduce scar-related complications. Although the scar is longer, it is on the medial side of the arm and usually fades away completely over time, with greatly improved aesthetic results. A closely related aspect of this technique is the application of anthropometric techniques in order to plan the operation for best results.

Results: The proposed technique has been applied in practice to 23 patients. There were no long-term complications. Temporary paresthesia was observed in 5 patients and temporary swelling of hands in 2 patients. One case of seroma was also detected. Two patient required surgical scar revision. One patient was unsatisfied with the final scar quality.

Conclusions: Due to the superficial resection in this technique, no damage to the subcutaneous tissue and lymphatic network occurs, resulting in a more predictable outcome with greatly reduced risk of complications. This technique is particularly good at reducing the scar retraction issues most common when using other single-vector approaches.

Biography

Fabio Fantozzi received his Doctor of Medicine degree from Rome's "La Sapienza" University, one of the oldest and most esteemed Universities in Europe. He also completed his residency in general surgery at this distinguished university. He completed his plastic surgery residency with Professor Ivo Pitanguy at Carlos Chagas University in Rio de Janeiro, Brazil—the oldest plastic surgery college in the world. This unique training gave him hands-on experience that many other schools do not provide, and the opportunity to work with some of the leading surgeons in the field of cosmetic and reconstructive surgery. His unwavering dedication to quality patient care and safety, and his reputation for producing exceptional results, is what has made our practice one of the leading cosmetic surgery facilities in Italy. He is known among his patients as a doctor who is communicative, thoughtful and highly skilled. He will go above and beyond the call of duty to ensure that his patients are well cared for and satisfied with their results. He takes the time to listen to each patient to gain a better understanding of their desires and expectations. Patients from all over the world come to him to benefit from his unique training and medical expertise.

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