

4th International Conference and Expo on

## **Cosmetology & Trichology**

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## Advances in cosmetic procedures

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A dvanced cosmetics is referred to be the more naturalistic, for being artificial cosmetics users are facing, now a days, with numerous diseases such as cancer on skin, infection on wound etc. By the influence of technology, numerous cosmetics are desired for the body in the 21th century. The author believes if you are unsatisfied with your body, we must diet, and exercise. Today we have cosmetics, like never before. In this 21th century we can find advanced cosmetics which are constantly used by people over the world. For that reason, for being mind satisfaction, just for beauty of the body people have been using it. People are sculpting numerous cosmetics just for being beauty but the beauty is the cause of falling with many diseases. Plastic surgery is one of them. Now a day there is another option for what prudent and wise people look that using cosmetic is just to show the self confidence as an appearance in this whole over the world. It is just to show the self image even people become very surprise how the small change on outside can make a person significant difference on the inside. Life of every human is precious and valuable, an individual should take the guidance of a doctor before using any thing such as body lotion, cream, powder, spa, fragrance. Otherwise, beauty can transcendent into gripe with sense organ. An expert advice is recommended to ever individual, before undergoing an Cosmetic Procedure, or the use of various cosmetics. It is just for an awareness of using cosmetics without discussing with a professional doctor.

## **Biography**

Praggajit Bhikkhu Anip who has successfully completed Bachelor Degree with 1<sup>st</sup> class honor studied on Buddhism in English at the age of 29 years from Mahachularajalongkorn University and postdoctoral studying in International Buddhist College on Buddhist studies. He has number 4th stage monk in monk temple in Thailand. He has written many reputed articles across the world in many conferences such as Canada, Australia, Europe, South Korea, and Japan on Buddhist perspective which reputedly published in their editorial journals.

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