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Acne and treatment

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Acne vulgaris is a chronic inflammatory skin disease that effects the pilosebaceous unit and is characterized with comedones, papules, pustules, nodules and occasionally with scars. The mainstay of acne therapy includes: topical retinoids, topical antibiotics, benzoyl peroxide (BP), and oral isotretinoin for severe cases. Current acne treatment regimens often require patients to use multiple medications, some of which may have side effects. Many of the new therapies discussed in this presentation.

Biography

Sevil Alan was born in Burdur, Turkey, in 1978. She received her medical degree from Ege Medical School in Izmir, Turkey and completed his dermatology residency at the Adana Numune Education and Research Hospital in Adana, Turkey. Today, Dr. Sevil Alan is a specialist of dermatology at the Akdeniz University School of Medicine, Antalya.

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