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Lasers and IPL (Intense Pulse Light)

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The authors describe dermatological application of very technological advanced devices to treat cutaneous lesions. Currently it is possible to reduce or destroy different vascular or pigmented lesions with minimum discomfort and prompt recovery. It is possible to improve aging of skin and acne scars, remove tattoos and treat hairy skin with great satisfaction. The authors emphasize on both the benefits and side effects. They recommend a perfect knowledge of these tools. They focus on the techniques and strategies to achieve the best results.

Conclusion: Lasers and IPL are useful, safe and manageable tools to treat many different cutaneous lesions.

Biography

Rahul Pillai completed his MD-General Medicine from the Prestigious Moscow Medical Academy called I.M. Sechenov, Russia and later did his MD-Dermatology, Venereology & Leprosy from Pondicherry University, India where he was the rank holder and gold medalist. He then did his training under various reputed Cosmetic & Aesthetic surgeons in India and USA before starting his own skin care center and Laser clinic in Kerala, India. He also worked as Assistant Professor in the Co-operative Government Medical College in Kochi and Mahatma Gandhi Medical College & Research Institute, Pondicherry. He is a Fellow of the American Academy of Dermatology and Member of American Academy of Dermatology Association, American Association of Aesthetic Medicine & Surgery, Indian Academy of Dermatology, Venereology & Leprosy, Institute of Laser & Aesthetic Medicine. He has various publications in various Indian and international journals and is also a peer reviewer for the *International Journal of Dermatology*.

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