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Outpatient rhinoplasty under local tumescent anesthesia-Technical note and initial experience

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Background and objectives: We present our experience using the technique of tumescent local anesthetic infiltration for nasal cosmetic surgery including osteotomies and functional surgery in the septum.

Material and Methods: We present the technique of tumescent local anesthetic infiltration step by step, as well as the surgical technique in a series of 95 cases of cosmetic septorhinoplasty from November 2012 until April 2014. In several cases septoplasty and osteotomies were performed.

Discussion: We try to show the advantages of this new technique in our private practice, reducing costs and offering another option to the patient. Every case was successfully performed, without pain or discomfort. Surgical time varied between 45 minutes and an hour and 35 minutes.

Conclusions: Rhinoplasty performing local tumescent anesthesia is a perfectly valid option in cases of purely cosmetic surgery of the nose and to correct septal cartilage disorders. It is cheaper and offers the same results than the traditional method.

Biography

Raúl Jiménez Bellinga received his Medical Degree from Universidad Complutense de Madrid. He is a specialist in maxillo-facial surgery (Hospital Universitario Ramón y Cajal, Madrid), Fellow in Facial Cosmetic Surgery (European Face Centre, Bruselas), Fellow of the European Board of Oral and Maxillofacial Surgery (FEBOMS- Universitair Specialist in Aesthetic Medicine and Cosmetic, Universidad Complutense de Madrid).

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