

3rd International Conference and Exhibition on **Cosmetology & Trichology**

July 21-23, 2014 Hampton Inn Tropicana, Las Vegas, USA

Esthetics

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Definition: In medical terms, the word esthetic can range from changing life style to changing the future of a patient. In review of more than 300 patients and medical staff, the word esthetic does not have a clear meaning. It can be easily mislead if there is no clear communication and plan between the medical practitioners and the patient. Also, informed consent from patients has to be obtained to clarify the risk and benefit of any surgical procedure intended to be done for that patient. And that would be truer when we talk about esthetic in the area of head and neck and maxillofacial area. In this review, some of the cases that the word esthetic procedure can be used while truly its necessary procedures and necessity of life to continue appropriately and without this procedure normal physiological functions will be disturbed even a lot yet still call it esthetic procedures will be discussed. In the other hand some of the procedures will absolutely cause neither functional disturbance nor emotional disturbance. While some of the other procedures may fall in between the necessary and unnecessary procedure depending on the physiology and psychology of the patient and gender sometimes.

Conclusion: Final judgment in doing a surgical procedure to patient totally depends on the surgeon's judgment and ethical values that have to be watched. No elective procedure can be done if it is to expose the patient to any harm.

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