

# 3<sup>rd</sup> International Conference and Exhibition on **Cosmetology & Trichology**

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## Bio-cosmetics versus classical cosmetics

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**H**ave you ever really looked at your skin products? Do you find that they are up to the standards and been FDA approved and tested for chemicals unsuitable to your skin type? Now is the time to really check. Skin, as we are all conscious of, is our largest organ. It is the thinnest organ in our entire body, taking up to less than two point five millimeters to separate what disadvantageous and plausible toxins we face in our ever-declining environment. Skin is highly penetrable, truthfully, almost any foreign member of substance can and would enter your blood stream then become disseminated throughout your entire body. We all seek support, through external methods such as products and an internal source of cleansing the skin from the inside out. The realistic fact remains that more than 11,000 cosmetic and care products in the United States market are of a shocking 99% intake of ingredients that have never been tested or evaluated for safety. Consider all the products you have used in your life, might be causing you more hindrance than help. There are simple methods are proven to not only help your skin but to show dramatic results like reduction of fine lines and wrinkles, tightness to your skin and removal of a lack of luster in skin appearance. Firstly it is vital to minimize usage of hot water and chlorine, as in many countries it has to be cleaned through before use. Although in some countries it is simply not accurate and the amount of chlorine used is a high amount and unknowingly reaching the epidermis to subcutaneous layer of your skin. Consider the fact; that not only bacteria, free radicals enter your skin but also your health can be contaminated through the very products you use to enhance your appearance. For apparent reasons toxins, daylight, and being around an unknown amount of free radicals immediately close to your face, will diminish the luminosity of your skin. The key for glowing skin is a regimen using skin care formulas steps twice a day, plus a mask at least once a week. Not forgetting an exfoliator that is mild yet strong enough to remove dead skin cells promoting skin regeneration. The benefits is what you need to look for, bio- cosmetics do not contain chemically Polluting substances such as chemical fertilizers, pesticides, and synthetics. In the end these are actually harmful not only to our body, but also to the environment. We need to look at the facts bio-cosmetics are also very rich in active ingredients and they certainly develop from live raw materials, thus assuring their real and long-term efficiency. It is not easy to know the exact composition of a traditional cosmetic product. It would never show all the exact ingredients to spare its competitors from stealing their ideas. One would wonder where is the trust and security of purchasing a product, without knowing the genuine transparency of it. Identifying raw materials and organs are tricky, so now thankfully authorities now control bio-cosmetics. This assures a transparency of ingredients and fabrication processes and guarantees the authenticity of Bio cosmetic labeled products. This leaves our mind at peace knowing that we are in the hands of FDA approval, and authorities handling our care products. Although to be on the safe side, it is vital to know what the difference between cosmetics and bio-cosmetics is.

## Biography

Tanya Talreja has spent last 8 years in both Asia and Europe, acquiring her expertise in all aspects of beauty, spa, wellness and fitness industry. Many of certificates and diplomas in the realm of the spa industry we completed in a high level, she had achieved all this by the age of 23. Tanya has put her spa approval stamp off several countries across south East Asia and Europe. She is now the manager of a sprawling 13,500 square foot day spa in Doha, Qatar. She is the president for Global Spa Development an online international networking platform, and she thoroughly contributes by connecting suppliers, contractors, architects, facility creators and product innovators from each corner of the world. In order close the gap in the industry of searching for the first class products and facilities that desire to be placed in the newest resort spa facilities. Her vision never ceases as her dream of setting up, and fixing small scale to vast ranged spas is worldwide.

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