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Otoplasty: Rebelo's technique

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Otoplasty is a surgical procedure for correcting the deformities and defects of the ear consequent to congenital conditions. Ear surgery creates a natural shape, while bringing balance and proportion to the ears and face. Correction of even minor deformities can have profound benefits to appearance and self-esteem. The main indication for Rebelo's Technique are prominent ears, protruding ears occurring on one or both sides in varying degrees, adult dissatisfaction with previous ear surgery. Appear prominent when the man or the woman is viewed from either the front or the back perspective. Age is not important to decide to do the surgery, but is better earlier ages after 5 years old. The surgery is performed upon a patient under local anesthesia with sedation as an outpatient. The operating time varies between 30 to 60 minutes. The surgeon places a needle with ink through the skin, to model the cartilage and to emplace the retention sutures (Nylon 4/0) that will affix the antihelix and conchal bowl areas. An incision is made behind the ear and becomes inconspicuous and hopefully almost invisible. Blunt undermining is performed to expose the cartilage. A small incision, behind this cartilage, is made as approach to the anterior cartilage in order to make condroplasty with a specific rasp. Before making the final shape of the ear, washing the entire ear, inside and outside with a cold saline solution is done. Then 3 sutures are placed with Nylon 4/0, permanent suture non-absorbable, through the pre marked points with the needle with ink, giving the shape and the model we found good. Skin closure with Vicryl Rapid 5/0 continuous suture is done. No dress is made. Antibiotic per os administered during one week. The patient wears a loose headband (tennis style) one week day and night and two more weeks at night. The percentage of recidives is very low with this technique.

Biography

Rebelo has been in private exclusive practice for more than 20 years; in the last 16 years, he's in exclusivity at Clinica Milénio in Lisbon, as Clinic Director and Cosmetic Surgeon. He is precursor in several techniques of Cosmetic Surgery performed under Local and Local Tumescence Anaesthesia such as: breast augmentation with cohesive gel silicone implants, breast reduction areolo-vertical, n. i. l (nutritional infrasonic liposculpture), blepharoplasty with mini incisions, lifting facial with anterior short scar, local anesthesia on cosmetic surgery, otoplasty - rebelo's technique, calf implants. Internationally, Dr. Rebelo has been invited to teach about the topics above and perform several surgical demonstrations in many countries in the world such as: Portugal, Spain, France, Italy, Belgium, Germany, England, Netherlands, Bulgaria, Serbia, Romania, Denmark, Sweden, Brazil, Argentina, Peru, Australia, Philippines, South Korea, Japan, China, etc.

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