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E-lots-epidemic of losing our terminal strands

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Epidemic of losing our terminal strands is a rapidly growing epidemic without discrimination in today's society. Recent studies have shown that more than 70 million people are suffering from hair loss; there are over 75 different types of alopecia and 36 types of disorders. Men and women are losing hair at the same rate; 20% of people lose hair in their 20's; 30% in their 30's-40's; and 50% in their 50's. The American Academy of Dermatology (AAD) notes that 80 million men and women in America have hereditary hair loss. Although it is more prevalent in older adults, excessive hair loss can even occur in children. Case by case studies performed at TrichoScience Clinic, USA. Concluded harsh styling choices, poor nutrition and genetics to play a large role in E LOTS One can indulge on vitamin and mineral supplements to stimulate follicular hair growth however, a diet lacking healthy plant based nutrients could counteract the benefits of the supplements. Digested food is absorbed into the blood stream and nourishes the womb of every terminal hair strand. Chemically processed food containing imitation fatty oils will clog the follicular womb thereby suffocating terminal strands and eventually cause hair loss. Literature was collected from different sources including but not limited to; Relevant Research, Inc., DS Laboratories-Julia Michelle "Poor diet & hair loss" and Monique. Querying/research data base is primarily done through case studies, partnerships/research groups and internships. Keen selections on treatment vary depending on diagnosis, prognosis and individual situation and dedication to the process. Hair is one of the body's most metabolically-active tissues, often reflecting the first signs of internal disturbance. The hair and scalp are equally as important as other areas of the body in the overall assessment of your health. All too often you may go for a medical checkup that does not include hair and scalp examinations. With the inclusion of this factor in the overall examination a number of medical conditions that initially include doctors allow for early detection and therefore can be treated much sooner. This science is very important and rapidly growing with an esteemed place in the health care and beauty industries.

Biography

Marvelette Jackson completed her Cosmetology training at Pivot Point International Inc., Evanston, IL, USA at the age of 19. She received her Instructors License at Dudley Beauty College, Chicago, IL, USA, at the age of 38 and her Trichology Diploma and Certification at the National Trichology Training Institute (NTTI), Stockbridge, GA at the age of 41 and is currently the CEO TrichoScience Clinic and Institute of TrichoScience Education (ITSE). She has written more than twenty reports and is currently working on publishing two books. She currently serves as a member of the American Health & Beauty Aid Institute (AHBAI) Task Force, 1stanti-Basileus and Dean of Pledgee's in Lambda Chi Psi Omega, chapter of Alpha Chi Pi Omega Sorority and Fraternity Inc.

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