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## Treatment of challenging cases of psoriatic patients with different and multiple comorbidities

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Psoriasis is a chronic inflammatory systemic disease associated with multiple comorbidities such as obesity, HTN, hyper-metabolic syndrome and dyslipidemia. It is a widespread dermatologic disease occurring in both genders and all age categories. Many such cases were faced, the first most important case is a male aged 26 associated with HTN and dyslipidemia. The highlight of this case is because of the multiple relapsing during treatment with Adalimumab. Several suggestions were considered before taking action. A second significant case was a 42 years old female with psoriasis involving the scalp and nails plus psoriatic arthritis and was treated with Etanercept. She developed L.P during the course of treatment and Etanercept was stopped for duration of six months and again the Etanercept was back as a treatment in this case for two years time. Another case was a female in her late thirties, the comorbidity factors in this case were obesity, HTN, arthritis and depression. In this special complicated case Adalimumab was chosen. After loading dose the case converted from Chronic Plaque Psoriasis to Pustular Psoriasis and Palmoplantar Psoriasis.

### Biography

Mona Abbas Maatouk has completed her MBCh in 1990, MSc in Dermatology & Venereology in 1994 from El-Azhar University and her MD in Dermatology & Venereology from The Medical Council, Amman, Jordan in the year 2005. She is the Consultant and Head of Department of Dermatology & Venereology in King Fahd General Hospital, Jeddah, Saudi Arabia. She has many researches in El-Azhar University in Cairo, Egypt and supervised many researches in dermatology in Saudi Council Health Specialties journal. She is also a Member of Saudi Council for Health Specialties Dermatology Residency Program.

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