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Exanthems in children: An update

Exanthems in childhood occur quite often and are mostly related to harmless viral infections. They may present as macular, maculopapular, papular, urticarial or vesicular rashes. However there are other causes which include bacterial infections, drug reactions, autoimmune and auto-inflammatory diseases. In addition there are exanthems of unknown causes like Kawasaki disease. It is very important to differentiate exanthems of harmless nature from harmful life threatening exanthems. Recently new specific distinct exanthems like atypical hand foot mouth disease by *Coxsackie virus A 6* and an exanthem in newborns by *Parechovirus* type 3 have been described. In addition there are new paraviral exanthems including eruptive pseudoangiomatosis and eruptive hypomelanosis.

Biography

Regina Folster-Holst has completed her PhD in 1984 from Christian Albrechts University, Germany. After a Medical Assistant time in a children's clinic for cystic fibrosis and allergy at Amrum, Germany in November 1985 she began her Specialist training for Dermatologists at the Department of Dermatology, Kiel, Germany. In 1992, she was recognized as a Specialist in Dermatology and Allergology. Since 1992 she works as a Senior Physician at the University Medical Center Schleswig-Holstein, Department of Dermatology in Kiel, Germany. Her clinical activity and research priority is primarily in the area of atopic dermatitis, pediatric dermatology and Parasitosis. She has published more than 160 papers in reputed journals. Since May 2016 she is the President of the European Society for Pediatric Dermatology (ESPD).

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