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Case of adult onset verrucous epidermal nevi

Sushma Yadav

Lejeune Medspa, India

Epidermal nevi are hamartomatous proliferation of the epithelium including the keratinocytes, sebocytes, pilosebaceous units, eccrine glands or apocrine glands. Epidermal nevus present with developmental abnormalities of the nervous, cardiovascular, urogenital and skeletal system. Also called as linear verrucous epidermal nevus, they are characterized by localized or diffuse, close-set, skin colored, brown to gray brown verrucous papules, which may coalesce to form well demarcated papillomatous plaques. Variants localized, systematized, nevus uniuslateris, ichthyosishystrix and inflammatory type. Eighty percent of the lesions appear within the first year of life with majority of the lesions appearing by the age of 14. There are rare reports of adult onset of epidermal nevi, therefore presenting a case of epidermal verrucous nevi in a 32 year old male patient with adult onset.

Biography

Sushma Yadav has pursued MBBS at Ambedkar Medical College in Bangalore from 2004-2008 and later completed Post graduate degree in Dermatology, Venereology and Leprology (DVL) in Vydehi Medical College in 2012. She has been a Member of few well recognized medical organizations across the state which includes Indian Association of Dermatology, Venereology and Leprology (IADVL), Indian Association for the Study of Sexually Transmitted Diseases, Indian Association of Leprologist and Bangalore Dermatology Society.

sushma2185@gmail.com

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