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Our experience for laser hair reduction in over 30 cases with faun tail

Rohan Anand, Yadav Shri Nivash and Dhepe Niteen Skin City, India

Introduction: Faun tail is a localized congenital hypertrichosis. It may be generalized or localized and each of these may be either acquired or congenital. Excess hair on the spine is frequently a marker for underlying spinal dysraphisms such as dermal cyst or sinus, myelomeningocele, diastematomyelia, vertebral abnormalities or a subdural or extradural lipoma. Faun tails are usually evident by early infancy and appear more frequently in females than in males. Spinal hypertrichosis, seen as a discrete patch of sacral terminal hair growth over the lower back is termed a 'faun tail'.

Objective: Our purpose was to evaluate the effectiveness of diode laser for laser hair reduction in faun tail patients.

Method: We evaluated 30 patients with faun tail who wanted to undergo laser hair reduction using diode laser. We treated them in around 1-3 years over 6-8 sessions with varied doses. Results were evaluated with serial photographs.

Results: We observed a reduction of hair around 60-70% in the concerned area over the subsequent sittings. The results were evaluated on the basis of the overall hair growth & hair volume; pictures were taken after every sitting. Mild erythma, burning sensation and post inflammatory hyper pigmentation were noticed in some cases.

Conclusion: Diode laser is safe and effective tool for laser hair reduction in faun tail with minimal complications.

Biography

Rohan Anand is a Dermatologist in Yerwada, Pune. He practices at Jeevan Clinic in Yerwada, Pune. His Research interests include laser hair reduction, hair transplantation, vitiligo and mainly cosmetic dermatology.

drrohananand@gmail.com

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