

# 7<sup>th</sup> European Dermatology Congress

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## *Eyal Levit*

*Advanced Dermatology Laser and Cosmetic Surgery, USA*

### Addressing acne: A 10 year experience

One of the most revolutionary inventions in the field of dermatology was Accutane. Unfortunately, the risk of side effects has made this very versatile treatment a rarely used modality fraught with many hurdles, especially in the United States. A 10 year retrospective case study of 201 cases will demonstrate the benefits of a novel approach to the treatment of acne utilizing weight base low dose Accutane to help improve cure rates while reducing the risks of side effects. The effect and combination of oral antibiotics, alcohol and certain fruit juices will be reviewed. The safe use of concomitant laser resurfacing among other lasers will be demonstrated when used with this low dose Accutane treatment. Various case studies will be presented to reveal the safety and efficacy of this new treatment.

### Biography

Eyal Levit has completed his MD at the Albert Einstein College of Medicine in 1995. He has completed his Dermatology Residency at Columbia Presbyterian Medical Center. Following his Residency he has completed a one year MOHS Micrographic, Laser and Dermatologic Surgery Fellowship at the University of Pennsylvania, USA. He had an additional 2 years of Fellowship training in Cosmetic and Laser Surgery at Columbia University. Until recently he was the Director of Cosmetic and Dermatologic Surgery at St. Luke's Hospital Columbia University, a post he held for 14 years. He currently runs an Advanced Dermatology Laser and Cosmetic Surgery, a thriving dermatology practice in New York City. He has published over 20 papers and is a recipient of multiple awards.

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