

6<sup>th</sup> International Conference on

# Clinical and Experimental Dermatology

May 04-06, 2016 Chicago, USA

## Nose surgery: The real beauty added to the face in one single step

**Arturo Munoz Meza**

HA/MA Stem Cell Therapy Clinic, Mexico

Currently there are 3 points of attention during a social chat in the human beings conversational relationships (social, communication): Eyes (size, symmetry, color, orientation and adjacent structures as eyelids and eyelashes), teeth (alignment, size, color) and nose (shape, symmetry harmonious balance with the rest of the face size and other features and relation in between wide, length and size). Of the three mentioned features, just one is related or historically linked with the elegance and reputation of an individual in society: The nose. It says much about her or his race and social status as much as his interaction with nature or human beings (trauma) or even a familiar distinctive feature. This is why more than 60% of the social sight during conversation in between individuals comes along with the nose as a “key point” in the current social interaction. As a Plastic Surgeon and related specialties, we have a very high responsibility to understand this role in the people’s self-image and the results of an appropriate access to a planned anatomical modification, even major or minor, it has to meet this three basic and important components: To be safe (nose is physiological respiratory purposes and none wants to feel being in risk of losing function or even life due to a cosmetic procedure; To be natural, it means the results of our clinical/surgical interaction has to be more with the patient’s personality enhancement than to reproduce or made a “copy of a standardized mold” giving the same improntative hape to every client sit on our waiting room at the office; and To be longlasting: A good surgical experience has ideally come from one and only procedure and last for a long time, if not forever (depending on the continuous cartilage growing due to normal aging). This presentation is designed to give the basis of a good clinical/surgical planning, technique’s selection and proper care of the nose we are dealing with at the time we try to call it Rhinoplasty. We present our surgical technique and experience over 18 years and more than 1,200 procedures performed in our current medical practice as Certified Plastic Surgeon in Hospital del Prado in Tijuana, Mexico. We can ultimately consider the nose as a facial ornament or even a “trade mark” of our ethnic background which gives a lot of information mainly related with our social role in the community we are living. People considered in every society along history as “pretty”, cannot fill this expectation without a perfect nose, because the visual data this irradiates comes along fully related with the word grace.

[arturo.munozmeza@facebook.com](mailto:arturo.munozmeza@facebook.com)

## Cytopathology of the skin: A very practical and useful test in dermatology

**Thomas de Aquino Paulo Filho**

Rio Grande Do Norte University, Brazil

Unfortunately, the cytopathology exam of the skin is not practiced by physicians in general dermatology. To take a fragment of the skin is very easy technique by cutaneous biopsy. In 1947, Dr. Tzanck in France had introduced the study of cutaneous cytology by publishing the view of pemphigus cells. Cutaneous cytology is an excellent, practical and cheap diagnosis method. We can take a correct diagnosis in few minutes. It is a complementary test comparing with histopathology test. Many cutaneous diseases can be diagnosed quickly by this exam with high accuracy. In 1960 in Brazil, Dr. Estevam Almeida Neto was a pioneer at Sao Paulo University, Department of Dermatology when he published a thesis on Leprosy Cytology during his doctorate course. While I was doing my Residence in Dermatology at Sao Paulo University, Dr. Estevam Almeida Neto had taught me Cutaneous Cytology and the process to take sample slides for examination. In my speech, I intend to show the importance of this exam and my experience for many years.

[thomasfi@uol.com.br](mailto:thomasfi@uol.com.br)