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Serial small volume elective lipo transfer (SVELT): A new means of breast augmentation

Breast augmentation has been the number one cosmetic procedure in the world for a number of years according to the ASPS. The modern era of silicone breasts commenced with Frank Gerow's implantation of the patient Timmie Jean Lindsey in 1962. Despite its ubiquity and generally inert nature, silicone implants generate intense debate and litigation, particularly in America. Still, it is not without complications as they occur in 5-7% in their immediate postoperative course. The worst of these include infections and capsular contracture. What is needed is a more natural augmentation process. Fat has been used as a natural reconstructive substance. Coleman recently reported impressive results in primary BA grafting, a remarkable mean amount of 277 cc per breast. However, that poses several problems; it can become necrotic, calcify and can mimic or hide breast cancer. As a result, the authors of this paper have developed a technique of fat augmentation they have named SVELT (Small Volume Elective Lipo Transfer) that minimizes these complications. The importance of this is that it uses small volumes of fat and does the treatment serially to get the best results. To date, over 1500 cases have been studied. This is an ongoing developing project between Dr. Barry A.S. Lycka in private practice in Edmonton, Alberta, Assistant Clinical Professor at the University of Alberta and Dr. Daryl K. Hoffman, a plastic surgeon from Palo Alto, California.

Biography

Barry A S Lycka is one of the most respected and accomplished Cosmetic Dermatologists in the world. Having practiced for over 25 years, he has done over 10's of thousands of liposuction, Mohs Surgery, Injections, Fat Transfer and other elaborate procedures. While practicing in Edmonton since 1989, he has written 17 books, over 30 academic papers and is host of the number one internet radio show on cosmetic surgery: Inside Cosmetic Surgery Today. He is also the Founder of Your Cosmetic Doctor: The number one internet television show on cosmetic surgery.

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