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American Aesthetic Association, USA

The TOPAL technique 10 years of experience

The TOPAL technique combines the best of use of safe in-office tumescent technique, the PAL system by MicroAire and using laser lipolysis device at the end of the procedure. Laser lipolysis first approved in the USA in 2006 had their inherent limitation on the amount of fat that can be removed in one session making more physicians skeptical about their efficacy as a standalone tool for patient seeking liposuction. After tumescent anesthesia, the technique achieves dramatic results by debulking that fat using the PAL system, then delivering Nd:YAG laser energy through the small skin entry to heat the fatty deposits and the skin up to 42° C. After performing over five thousand procedures utilizing TOPAL™ our patient satisfaction rate is 97% and our touch up rate is 3%. Both much better figures than those for traditional liposuction or laser assisted lipolysis alone.

Biography

Ayman El-Attar is the President of the American Aesthetic Association. He has Founded Derma Laser Centers of New Jersey established in October 2002. He has graduated from Alexandria Medical School with honors in 1987. He has completed residencies in both General Surgery and Family Medicine and obtained a Masters degree of Surgery in 1992. He was an Assistant Lecturer of Surgery at Alexandria University and a Visiting Instructor of Surgery at the Medical College of Ohio. He has finalized his PhD thesis in 1998.

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