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Case of adult onset verrucous epidermal nevi

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Epidermal nevi are hamartomatous proliferation of the epithelium including the keratinocytes, sebocytes, pilosebaceous units, Eeccrine glands or apocrine glands. Epidermal nevus present with developmental abnormalities of the nervous, cardiovascular, urogenital, skeletal system. Also called as linear verrucous epidermal nevus, they are characterized by localized or diffuse, close-set, skin colored, brown to gray brown verrucous papules, which may coalesce to form well demarcated papillomatous plaques. Variantslocalized, Systematized, Nevus unius lateris, Ichthyosis hystrix and inflammatory type. Eighty percent of the lesions appear within the first year of life with majority of the lesions appearing by the age of 14. There are rare reports of adult onset of epidermal nevi, therefore presenting a case of epidermal verrucous nevi in a 32 year old male patient with adult onset.

Biography

Sushma Yadav is a consultant dermatologist & cosmetologist at Lejeune Medspa, Bangalore, India

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