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Septal button insertion: The two-forceps screw technique

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Nasal septal perforation has a variety of causes and patients can present with a range of symptoms. Those who require surgery are offered occlusion of the perforation using prosthesis or a surgical procedure. Patients are managed with a septal button if they are unsuitable to undergo surgery to close the perforation. Insertion of a nasal septal button can be difficult and invariably requires general anaesthesia due to a moderate level of patient discomfort and operative complexity. A range of techniques and prostheses have been described in the literature. The senior author of this paper (SA) describes a technique which aims to simplify the insertion of a nasal septal button. The method we describe for the insertion of a nasal septal button is easy to learn; the septal button is securely fitted in place, and this procedure can be performed with local anesthesia. In our experience, it does not have some of the problems encountered in similar procedures previously reported.

Biography

Jonathan Abbas completed his undergraduate studies at the University of Birmingham. From here went onto foundation years 1 and 2 at Salford Royal NHS Foundation Trust. He has published and presented multiple papers and has just began his surgical training in Otolaryngology in the Northwestern Deanery, UK.

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