

## 5<sup>th</sup> International Conference and Expo on **Cosmetology, Trichology & Aesthetic Practices**

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### **The Smart mastoplasty**

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**Introduction:** Breast augmentation with implants is the most performed procedure performed, in aesthetic plastic surgery, worldwide. Several techniques have been described for surgical access rather than for implant's pocket and so on. However, it is really important to analyze psychological aspects of women undergoing breast augmentation (BA); nowadays a large part of patients requesting BA are 30, 40 years old working ladies who can't have too many "days off" from work. This is why it is really important to perform a fast and save BA technique. Authors describe their experience with a personal protocol of breast augmentation performed with an IMF approach and a low sub-muscular dual plane placement of anatomic implants.

**Methods:** 122 patients undergone breast surgery in last 24 months were retrospectively evaluated; from the study group only the ones requiring breast augmentation with no need of any kind of mastopexy (round block, vertical mastopexy, T-shaped mastopexy and so on) were included. 86 of the patients undergone BA with implants, 18 received round implants and 68 anatomic ones. Of 86 patients only 64 were followed up at least for 12 months. The technique described by the authors, called "Smart" mastoplasty, was performed in all the cases. Mean OR time was 34 minutes. Capsular contracture, implant infection, bleeding and seroma were not recorded. In 6 times, 2 bilaterally and four mono-laterally, wound dehiscence occurred requiring surgical closure.

**Results & Conclusions:** Aesthetic results were in all the cases, at least, aesthetically pleasant; patients get back to work in 48 hours in almost all cases. The "smart" mastoplasty, taking in count the short follow up of the present study, looks a safe and fast technique for women requiring BA.

### **Biography**

Pierfrancesco Bove founded CHIRURGIA della BELLEZZA, a Plastic Surgery network in 2013. He is a consultant maxillo-facial surgeon and obtained Master's degree in Aesthetic Surgery at the University of Padua. He is a Professor at the University of Foggia in Italy and work as plastic surgeon in Milan, Florence, Rome, Naples and some more Italian cities, under the brand CHIRURGIA della BELLEZZA. Moreover, he wrote several chapters in medical book in the field of plastic surgery.

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