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Anatomical and mechanical concepts in facial rejuvenation using fillers

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Aim: To analyze a novel method of facial filling “The pillars pyramids and tie beams (PPT)” technique based on the anatomy of the area to be injected and the longevity of the results achieved due to the newer mechanical concept of injection is analyzed.

Subjects & Methods: A novel technique of injecting the dermal fillers was employed on 112 patients visiting our clinic. These patients were followed up for a period of three years.

Results: We observed that the amount of filler material required in initial sitting remains the same, however the frequency of touch up visits is decreased and so is the amount of filler material required for follow up injections.

Conclusion: Facial contour remodeling is being revolutionized by the new filler materials for volume augmentation and no uniform consensus has reached on the techniques currently used in clinical practice. We advocate this novel PPT technique of facial filling in facial rejuvenation to restore a youthful look as a primary goal.

Biography

Mohan Thomas is an American trained and Board certified cosmetic surgeon and a Consultant at Breach Candy Hospital and Hinduja Healthcare Hospital in Mumbai, India. He is the Chairman and Managing Director of the Cosmetic Surgery Institute, Mumbai, India. He has made significant contributions to the plastic and aesthetic surgery literature including publications in the American Academy of Cosmetic Surgery Journal, Plastic and Reconstructive Surgery Journal, Aesthetic Surgery Journal, Journal of Plastic Reconstructive and Aesthetic Surgery, Journal of the American Academy of Cosmetic Surgery and the prestigious clinics of North America.

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