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## **Usefulness of a hex-punch in the FUE technique**

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**A**ndrogenetic alopecia is a genetically determined disorder, where we observe hair loss. Among men it is the most common type of alopecia. Despite conservative treatment only hair transplantation gives the natural aesthetic results. In my clinic 100% of hair transplantations is performed using FUE which is Follicular Unit Extraction. In the FUE technique we use S.A.F.E. System. The new device, which we use in this technique, is a special punch, called hex-punch. In this presentation the anatomy of hex-punch will be presented. The hexagonal shaft induces skin vibrations while entering the skin. The unique tip shape of this dull punch improves follicular extraction. The advantages of this technique in harvesting hair are profound: easy extraction, increased speed in collecting grafts, lower percentage of trans-sections, proper depth entry into the skin, ease of learning. Our results after using hex-punch are rate of trans-sections: 2-4% and speed of the extraction: 750-900 grafts per hour. By using hex-punch in the FUE technique we can improve results of hair transplantation.

### **Biography**

Artur Sandelewski is a General Surgeon, with specialty training in Hair Transplantation. He has completed his PhD at the Medical University of Silesia. He is the founder and owner of the private clinic SAN-MED Hair Transplant. He is a specialist in the FUE technique. He is a member of ISHRS- International Society of Hair Restoration Surgery.

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