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Butt augmentation with implants and fat: decreasing complications

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For cultural reasons, Brazil is, together with USA, highly placed in terms of plastic surgery, more than 400.000 per year. Butt augmentation is more and more performed, gaining some positions over other aesthetic procedures. New techniques for gluteal augmentation are better understood nowadays by surgeons and by general public. The use of intra-muscular anatomical shape implants has allowed nicer results, very natural, instead of old artificial results we used to see with round implants placed above the muscle. The surgery takes about 90 minutes and is done under spinal anesthesia, the patient is usually discharged the next day. Post-op consultations starts 3 days after. Small complications like wound dehiscence are common on the first ten cases and demands frequent revisions. Moderate complications like sub-cutaneous fat also happen and more aggressive debridement can be indicated, together with broad spectrum antibiotics. Severe complications do happen, like implant rotation and implant infection. In all cases, the surgeon can be sure that a long post-op will be necessary, together with frequent consultations. A close contact with the patients is necessary. The goal of this presentation is to show what we can do to decrease this high complication rate. Antibiotic prophylaxis, special surgical techniques, prompt action after the surgery are all necessary to improve our patient's quality of life and results, much more than other procedures. The results are aesthetically impressive, failure to achieve them is an awkward situation for both patient and surgeon.

Biography

Alexandre Charao graduated in 1997 and receives an increasing number of patients searching for gluteal augmentation with implants and also with fat.

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