

5<sup>th</sup> International Conference and Expo on

# **Cosmetology, Trichology & Aesthetic Practices**

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## **Facial rejuvenation for the lower face and neck: The five-step approach**

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Facial aging with change in facial shape and deepening of the Nasolabial fold, jowling and neck rhytids are some of the undesirable effects of the normal aging process. Face-lifting techniques continue to evolve with focus on different layers of the face to maximize and prolong the results. Regardless of the method used, best natural results are achieved by addressing five main areas: The neck platysma muscle, the Nasolabial fold, the Jowls, Fat and volume distribution and Symmetry. In this presentation we will present how to address these areas in the five step approach.

### **Biography**

Kamal T Sawan completed medical education at the Royal College of Surgeons in Ireland in 1993. His training in Plastic Surgery was completed at Johns Hopkins Hospital in the USA. He worked at the University of Oklahoma and was the Chief of Plastic Surgery and Program Director for 10 years. He is a respected member in the field of Plastic Surgery and the American Society for Aesthetic Plastic Surgery with many publications. Having a passion for innovation and best results, he launched Sawan Surgical Aesthetics in Oklahoma in 2015. His focuses in practice are facial rejuvenation and body contouring after weight loss surgery.

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